

Allison O'Brien, LMFT, PMH-C

Allison O'Brien is a Licensed Marriage and Family Therapist with a certification in Perinatal Mental Health from Postpartum Support International. Allison earned her Master of Family Degree from Mercer University and has worked in private practice for 9 years, currently seeing clients in Buford, while also in the role of director and AAMFT supervisor in training.

Allison's work focuses on using a systemic approach to help clients heal from Perinatal Mood and Anxiety Disorders (PMADs), helping couples reconnect, and providing an environment new clinicians can use for growth.

