



Shirley Shani Ben-Zvi, CT[®], MA, AMFT
Associate Marriage & Family Therapist

Shirley holds a Master of Arts degree in Marriage and Family Therapy (MFT) from Northcentral University, with a specialty in Medical Family Therapy. She also holds a certification in Thanatology (CT[®]) from the Association for Death Education and Counseling. Lastly, she is a Master Practitioner of Neuro-Linguistic Programming (NLP). Currently, she is pursuing a Ph.D. in Marriage and Family Therapy with National University (formally, Northcentral University).

Shirley believes that even if things are not okay, we can be. She believes that we can all be the best version of ourselves under any circumstances. Shirley sees all her clients as superheroes, no less. However, every superhero has a sidekick to bring their strengths into the light – and she is honored to be her clients' sidekick. Shirley works with individuals, couples, and families integrating grief, be it following the death of a loved one or after non-death losses. She also specializes in suicide prevention and in working with families who manage family members' suicide ideation or who lost someone to suicide.

She is able to provide services in Hebrew we well as in English, online or in person.