

NEWS FROM

GAMFT

Georgia Association for Marriage and Family Therapy

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WINTER 2021

Growth: A New Year's Intention

Jennifer Vann, LMFT, GAMFT Secretary



Jennifer Vann, LMFT

Over the last few years, I've observed a new trend in new years resolutions. Folks are choosing a word that they want to aspire to as the year progresses. I am not the kind of person that sets resolutions, but I do love words. So, when I heard about this thing people were doing, I tried to find my word. *Pursue?* *Accept?* *Justice?* *Spontaneous?* I've been trying to find my right word for a few years now. Turns out my love of words isn't helping me make progress in the resolution department. There's also that need

for me to find the "right" word... but I'll save that story for my therapist.

Not too far into the pandemic, when everything was shut down and I couldn't perform all the roles I'd agreed to play in the way I'd agreed to play them, I started letting them go. Intentionally disconnecting in ways that I hadn't previously felt able to do. And I liked it. I liked not filling my non-clinical days with committee meetings and Girl Scout trainings. I liked working from home. I liked that for a couple of months my caseload plummeted. *I liked not being around people.*

Pruning is intentional, selective, and can be painful, but it's a process that inspires new growth.

And that final realization gave me great pause. I'm a people person. And the realization that so many connections I'd spent a lifetime curating were broken by the pandemic and *I liked it* was curious to me. I spent the better part of 2020 examining what types of relationships I was willing to spend my energy on; what causes were worth stepping out for; which roles I was involved in because I believed in the cause. And I found my word: *pruning*. Pruning is the removal of superfluous or unwanted parts. Pruning is intentional, selective, and can be painful, but it's a process that inspires new growth. In

gardening, pruning can help shape a plant into a specific design, help a plant heal, and it can encourage pathways for increased bounty.

There are several parallels to my own pruning that I've seen GAMFT go through over the last year. The pandemic has forced us to move forward in ways that have been talked about in board rooms and committees for years. The board has had to make hard decisions about where to put our resources and which structures to let go. GAMFT's survival has sometimes depended on making cuts to long standing traditions and embracing the uncertainty of new ways of operating.

We want to honor what has come before us and also recognize that without pruning we will grow stagnant. In the same way that I have been asking myself *what does this person/role/relationship mean to my whole person wellness*, GAMFT has been asking *what does this phone number/conference structure/committee role mean to the wellness of our organization*.

2020 has seen many changes in our operations and more are coming. Some are exciting (online access to on demand CEs!) and some are bittersweet (no in person spring conference, again.) Some changes are empowering and will shape the direction of MFT

as a profession in GA (significant progress in 1013 parity laws) and some changes will be fondly remembered but not continued (we are now a **100% volunteer run organization**).

Pruning is hard, but ultimately it's done in the best interest of the thing we're trying to grow: ourselves, our organization. I hope that as you experience change in our organization you see the dedication of so many volunteers who are working hard to represent you locally, regionally, and nationally while also honoring what makes GAMFT unique. Our hope is that after a year of intentional pruning our word for 2021 is *growth*.

GAMFT depends on members to volunteer, to share their insights and opinions, to choose to continue their membership. Ultimately, GAMFT depends on each of us intentionally connecting to each other professionally. As you consider how GAMFT impacts your professional wellness I hope that you choose to join us as we embrace change and challenge ourselves to keep growing. ■

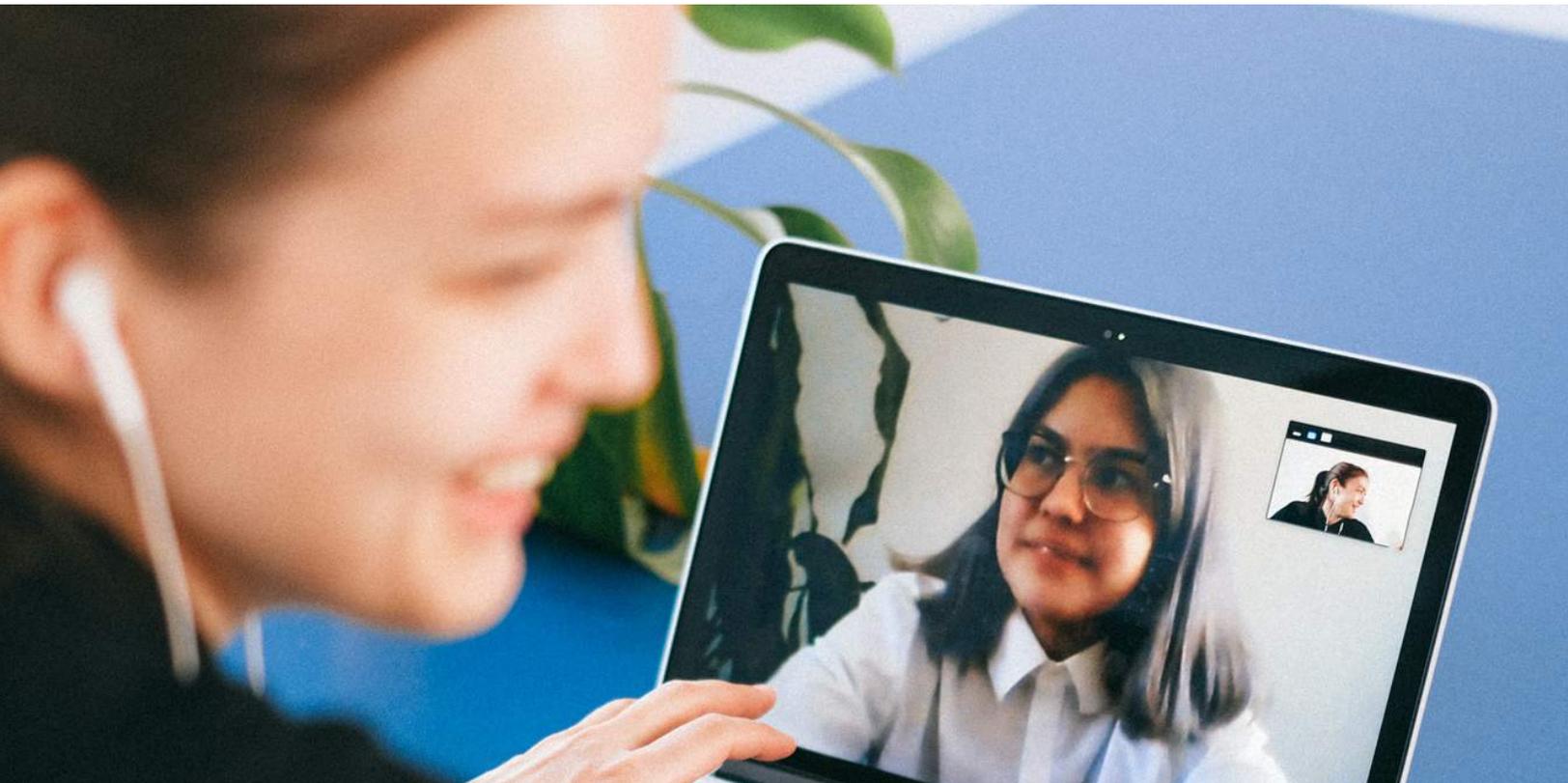


Save the Date!

2021 Virtual Spring Symposium

May 22, 2021

Join us for a day of speakers, student posters, and more. This event will take place via Zoom. More information about registration, presentation topics, and CE offerings are coming soon! For the latest updates, make sure to follow us on [Facebook](#) and [Instagram](#).



Interested in presenting?

The GAMFT Events Committee invites the submission of proposals for presentations for our first Virtual Spring Symposium scheduled for May 22nd, 2021. All presentations must be 1.5 to 2 hours in length. We encourage programs that are creative, suitable for online presentation, and are related to the field of couple, marital, and family therapy. The committee is particularly seeking presentations highlighting the translation of interventions to telehealth and/or the themes of hope and healing.

Programs are selected based upon the quality and relevance of the proposed presentation, with preference given first to GAMFT members, next to individuals and organizations in Georgia, and finally to out-of-state presenters. A minimum of 10 registrants will be required for the workshop to be held. There is no payment for presentations, however, if a proposal is accepted the presenter's registration fee for additional presentations will be waived.

Please use [this Google Form](#) to submit your proposal. Any questions may be directed to Adam Albrite by calling 404-804-0218, or emailing office@gamft.org.

*****All proposals must be submitted by March 8th*****

Attention students!

The Georgia Association for Marriage and Family Therapy would like to extend all graduate students the invitation to present their work at our 2021 Virtual Spring Symposium on Saturday, May 22nd.

Proposals are welcome from all Master's and Doctoral level students. Presentations may consist of research and non-research projects. Research projects do not have to be completed and preliminary data is acceptable.

The poster session will be held throughout the day of the symposium, and exact times are to be determined soon.

All accepted poster presenters will receive free admission to the Virtual Spring Symposium.

To access more information and to submit an application to present a poster, [click here](#). For questions, please email Jennifer Lambert-Shute at jjshute@valdosta.edu.

*****Submissions are due by April 15, 11:59 pm EST*****

Now accepting applications for the Christus Powell Minority Fellowship

The Christus Powell Minority Fellowship Program awards fellowships of \$750 – \$1,500 each to one or two minority students in Georgia annually. This program serves to promote the importance of diversity in both the MFTs and in the services provided across the State. Applicants must be Georgia residents of minority in background, including, but not limited to, African-American, Hispanic or Latinx, American Indian or Alaskan Native, Asian-American, and Native Hawaiian or Pacific Islander. Graduating seniors who have been accepted by a graduate degree program in Marriage and Family Therapy, and students enrolled in a graduate or post-graduate training programs in Marriage and Family Therapy are eligible to apply. Preference is given to those who have one or more years remaining in their training program.

Applicants must show promise in and commitment to a career in marriage and family therapy education, research, or practice. An applicant's promise in and commitment to the field of marriage and family therapy may be demonstrated by: academic performance, membership in GAMFT, work experience, and/or future goals.

Fellowship recipient(s) will be invited to attend the annual GAMFT Spring Conference, where the award(s) will be presented. The registration fee for the Main Plenary Presentation will be waived for those recipient(s) who attend.

A complete Christus Powell Minority Fellowship Application Packet must contain:

1. Student Documents:

- Fellowship Application Form.
- An essay containing a detailed *personal statement* identifying your professional interests and goals and describing your commitment to the MFT field. Please explain in what way this fellowship will further your education. (One page only, single-spaced)
- A current resume
- An official transcript of all graduate work completed, or an undergraduate transcript if the applicant's graduate program has not yet begun

2. Supporter Materials:

- A letter of recommendation from the Director of the undergraduate, graduate, or post-graduate training program affirming the applicant's academic status and including an assessment of their promise in and commitment to the field of marriage and family therapy, along with a statement of their potential as a marriage and family therapist.
- One letter of reference (in addition to the letter from the Director of the training program).



Cecil Walker, MFT

Complete application packets must be sent to me, Cecil Walker, Chair of the Selection Committee at cecil.rolston.walker@gmail.com, with "Christus Powell Minority Fellowship Application" in the subject line of your email by April 1, 2021.

[Click here](#) to download your packet, or go to gamft.org/christus-powell-minority-fellowship/ to download this information.

We look forward to meeting you!

Cecil Walker, MFT
Multicultural Affairs Committee Chair

Call for Nominations for GAMFT Officer Elections

The Elections Committee is requesting suggestions and recommendations from GAMFT membership for candidates for the 2021 slate of officers. This year we will be voting on the offices of **Vice President, Treasurer** and one member of the **Elections Committee**. Each of these positions is important to the continued growth and relevance of our organization so we hope that every member of GAMFT will give thoughtful consideration to the selection of candidates for this year's election.

If you have a recommendation and/or if you are interested in serving in one of the positions to be voted upon this year, **please use [this Google Form](#) to submit your nomination.**

When we receive your recommendation, a member of the Elections Committee will contact that person to ascertain his or her interest and willingness to serve. The completed slate of nominees will be presented at GAMFT's Annual Business Meeting which will be held on May 15, 2021. During that meeting, membership will have the opportunity to nominate additional candidates from the floor. A nomination from the floor must be supported by a minimum of 10 voting members and must have the consent of the individual being nominated.

Voting will take place by electronic ballot in July. If a paper ballot is preferred, contact the GAMFT office the first week of July. Newly elected officers will then take their positions in January of 2022.

For questions regarding 2022 Officer Elections, please feel free to reach out to our elections committee:

Tiana Teague, Elections Chair: tianabteague@gmail.com

Adam Froerer: adam@thesfu.com

Tabitha McCoy: tlmccoy@valdosta.edu

Member Spotlight:

Edna Abney, LMFT, RYT

GAMFT's quarterly Member Spotlight features a member within our community who is contributing to the field of Marriage and Family Therapy in Georgia through leadership, advocacy, or service work. This quarter's newsletter is proud to feature Edna Abney, LMFT, in Marietta, Georgia.

Where are you from and where do you currently practice?

EA: I'm originally from a small town in south Georgia called Bainbridge, and then I spent some time in Columbus before moving to Atlanta in 2011. I currently practice in Marietta.

Why did you decide to become a MFT?

EA: Like many others, I became a therapist because of some of my life experiences. Growing up in Bainbridge, mental health wasn't really a thing. Even today, Bainbridge doesn't really have mental health services. They have a public healthcare clinic where individuals can go to get various treatments, but not necessarily from a support level that you would hope for with regard to mental health. It just wasn't talked about, and it wasn't discussed in my family, so there were a lot of experiences that I didn't quite understand that led me to want to study psychology and human behavior. My adolescence, which is a critical time for any individual, was really challenging for me to navigate, and not having that mental health support led to an even more significant challenge. So,



Edna Abney, LMFT, RYT

as I've grown in my journey as a therapist, I've begun to recognize how common it is for other individuals to have gone through or are going through similar experiences to what I went through as an adolescent. I've begun to see that many people don't have the support they need in order to manage things in a way that is ideal. So that is why I became a therapist. My family will tell you that I always wanted to be a therapist. I always wanted to have someone sit on my couch and listen to someone, so this is kind of like a dream for me, and I feel like I am genuinely living my purpose.

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impactful. I left community mental health and transitioned slowly into private practice while working towards my Master's and still working at my corporate job. I eventually decided to quit my corporate job, after working in corporate America for 11 years, so that I could solely focus on building a practice, and during that time I also started to host events for the community. I was the director for a symposium that happened a couple years ago which was an interesting experience. I transitioned from private practice for a brief period of time to work as a school therapist for a small charter school in the heart of Atlanta, and that was a cool experience to work in that setting for some amazing children. Due to some challenges with the structuring at the school, I wound up having to step down from that role, and at that point I became very intentional about my private practice and the populations I wanted to serve and how I wanted to serve them.

Where have you practiced as a MFT in the past, and what was that like?

EA: When I started part-time in 2016, I worked in a few different agencies around Atlanta doing community mental health going to some of the most underserved neighborhoods in Atlanta to provide in-home therapy. I also worked at an agency where I provided individual, family and group therapy for individuals who were court-mandated by DFCS or for drug related offenses. That experience contributed to my practice as well by showing me how critical it is to provide holistic treatment for those individuals and how beneficial it is to have treatment that isn't just focused on the abuse and the mistakes that they've made in the past but rather a more healthy and productive future. So that was really

What is your theoretical approach or orientation to working with your clients?

EA: So, a few years back I had some medical concerns that resulted in needing to have four surgeries over the course of two years, and that led to me practicing meditation and yoga for the past four years. I then eventually became a Registered Yoga Teacher, and I also became the director at Dr. Tequila Hill's therapeutic yoga studio called Indigo Gypsy, which had to close in 2020 due to COVID. But that is the heart of my work – integrated mindfulness therapy. A lot of my work is very holistic in nature, it's systemic in foundation but there are a lot of mindfulness, meditative, person-centered interventions weaved into my integrative technique. Most of my clients are individuals who have experienced

significant trauma, often recurring traumas, so much to the point that it impedes their ability to function on a daily basis. So that compounded trauma is the main area of focus when it comes to my mindfulness work.

What does being a Marriage and Family Therapist mean to you?

EA: It literally means everything, and that's from a personal and a professional perspective. From a professional perspective, I'm inspired by therapists' capacity to hold space for others and their ability to help individuals navigate different areas of life. I live for this discipline as a whole, and I am really passionate about the way that we practice, our approach, the systemic underpinnings -- I just really love Marriage and Family Therapy from this professional aspect. But then there's also the personal perspective: I identify with how influential systems are and how influential my system has been to my approach as a therapist. My personal experiences have really influenced my practice as a therapist. And also, a lot of individuals in my family have now started to see the benefit of therapy and have started doing their own therapy as a result of me being a therapist. So, being a Marriage and Family Therapist isn't just a role for me, it's not just a hat that I put on when I show up to my sessions, it is literally a way of thinking and a way of being for me... it's a way of approaching everyday life.

What do you do when you aren't practicing Marriage and Family Therapy?

EA: Probably thinking about therapy! (laughs) When I'm not actively and intentionally being a therapist, I'm a super-wife, I don't have any children so

me and my husband do practically all of our hobbies together. We enjoy riding motorcycles, traveling, photography, and when I can get him on the mat he'll do a little yoga with me. Also, when I'm not practicing I'm probably in meditation. I meditate several times throughout the day. And when I'm not meditation, I'm a plant mom. I have over 200 plants, and that's a growing number! (laughs) It's probably an obsession, but I absolutely love plants. I spend a lot of time growing and gardening. My plants are my therapy, though I do see an actual therapist too, but my plants are my therapist when I can't see my therapist. They are so beneficial in so many ways for me. Sometime this year my hope is to host a plant mindfulness therapy workshop where I would like to talk about how the intentionality of caring for plants can be therapeutic and healing.

Being a Marriage and Family Therapist isn't just a role for me... it is literally a way of thinking and a way of being for me... it's a way of approaching everyday life.

What are your hopes for the future of the Marriage and Family Therapy field in Georgia?

EA: Gosh, that's such a heavy question for me. My answer is very two-fold. The first being, as a therapist of color, my hope for the field is more diversity. My hope is that we gain more systemic approaches and more of a foundation that helps us to solidify ourselves as a diverse and open discipline. Traditionally, we've been very open to ideas, at least

from my personal experience, and so my hope is to continue to see that grow in our field by continuing to challenge other therapists in their diversity, their awareness and understanding of their impact, how they show up in the therapy space, and the lens in which they're approaching their clients. Historically therapy hasn't been something that many African-Americans have been running to the door to get to, and we're currently in a very sensitive space and time where therapy is becoming more appealing, and it's so important that we show up in a way that aids in making that experience one that is meaningful rather than hurtful.

The second piece is that I actually returned to my alma mater, Northcentral University, to start my doctoral program and my doctorate is aimed at mindfully integrated systems treatment for trauma for individuals in underserved populations. So, my hope for this field is to truly push the culture forward in terms of ensuring that there is more diversity, research, understanding and awareness overall as therapists. I'm trying to do my part to contribute to a body of research and methodology that can help open that lens.

Where can people reach you or find information about your practice?

EA: People can find me and reach out to me through my instagram profiles, my professional profile is @mindfullifeservices and my meditative yoga profile is @eabneymft ■

To submit a nomination for a future member spotlight, [click here.](#)



GAMFT Legislative Update

The committee has been working over the last month to advocate that The Georgia Behavioral Health Reform and Innovation Commission released its final report, making several recommendations to improve LMFT's role in Georgia.

House Bill 514 (2019 Session) created the Georgia Behavioral Health Reform and Innovation Commission. The commission, chaired by Representative Kevin Tanner from House District 9, was formed to conduct a comprehensive review of the behavioral health system of care in Georgia. The commission is

responsible for reviewing several key areas: behavioral health services and facilities available in Georgia; identification of behavioral health issues in children, adolescents, and adults; the role of the education system in the identification and treatment of behavioral health issues; impact behavioral health issues have on the court and correctional systems; legal and systemic barriers to treatment of mental illnesses; workforce shortages that impact the delivery of care; access to behavioral health services and supports and the role of payers in such access; the impact on how

Advocacy Corner

➔ 1013 Update

The 2021 Report of the Georgia Behavioral Health Reform and Innovation Commission recommends legislation be enacted allowing licensed Georgia's Licensed Marriage and Family Therapists to utilize 1013s to increase the capacity of health care providers to address behavioral health challenges in rural Georgia. The Commission's recommendation would increase workforce capacity across Georgia, including in rural areas, with no additional cost to our system, as we experience increased pressures resulting from Georgia's recent and growing challenges from isolation and mental health struggles that increased the incidence of suicides.

➔ Medicaid Update

The 2021 Report of the Georgia Behavioral Health Reform and Innovation Commission also recommends exploring how to allow LMFT and LPCs to become independent providers in Georgia. This is an important step forward in closing a gap in LMFT's ability to bill under all Medicaid plans independently, leaving hospitals and other providers with gaps in their workforce capacity for effectively supporting some patients.

Please stay tuned to future calls for your help in ensuring that this important policy is successfully passed this year by Georgia's General Assembly.

untreated behavioral illness can impact children into adulthood; aftercare for persons exiting the criminal justice system; and the impact of behavioral health on the state's homeless population.

We are excited that the final report from the Behavioral Health Reform and Innovation Commission Report has been released and includes several important recommendations for strengthening LMFT's role in Georgia. We invite you to review the full report online by following this [link](#).

Recommendations include:

- Propose legislation to allow licensed marriage and family therapists to conduct 1013s. See page 14.
- Explore how to allow LMFTs and LPCs to become independent providers in Georgia and have the capability to bill Medicaid. See pages 3-8

The next step in the process is for the Governor's office to work with a state legislator to find a sponsor to introduce legislation that addresses these and other recommendations from the Commission's report.

GAMFT has informed the Commission and the Governor's office that we stand ready to support the Governor's office in this effort and believe that the timing is even more important across Georgia, including rural areas, to address the stress to mental health supports due to the effects of COVID. GAMFT has already met with several key legislators, including Rep. Ben Hogan, who will be involved with sponsoring legislation that will address some of the Commission's recommendation.

The Call to Action!

What can you do? Register to join us for our [virtual town hall](#) on February 26 today! We will offer updates about issues important to our field from key state legislators and GAMFT board members, and share information on what you can do to help advocate! ■

The Legislative Committee is comprised of David Blanchard, Michael Chafin, Michele Smith, Dan Upshaw, Heather Maldonado, and Tommy L Hampton.

Meet Our New Lobbyist

Elizabeth J. Appley is an experienced attorney and public policy advocate engaged in private practice in Atlanta, providing lobbying, arbitration, mediation, and litigation services. She has many years of experience representing clients on a wide range of health, housing, social service and budget issues at the state and federal levels in the judicial, legislative, and executive branches of government. She has represented clients at the Georgia General Assembly for the past 28 legislative session, with significant focus on increasing access to mental and physical healthcare, scope of practice for healthcare professionals, representation of persons with disabilities, and related issues involving affordable housing, good jobs, good food, and the rights of vulnerable populations.

She has led successful efforts to pass numerous challenging and far reaching pieces of legislation over the years and has advocated for expanded scope of practice and against efforts to restrict the right of health care providers to practice to the full extent of their training, education and experience.

She has won groundbreaking cases in state and federal court in the areas of health, education, employment, constitutional law, police misconduct, and disability rights. Elizabeth is a Past President of the Georgia Association for Women Lawyers (GAWL). She was a founding Board member of the Georgia Budget and Policy Institute (GBPI) and has served on the Board of Directors of the Mental Health Association of Metropolitan Atlanta, the Learning Disabilities Association of Georgia, the Council for Black Women's Health, and many others.

Elizabeth is rated as a Georgia Top Lawyer by lawyers and judges in the areas of Civil Law, Health Law, and Government Law. She has been recognized for outstanding advocacy by Metro Fair Housing Services, the Georgia Association for Women Lawyers, the Atlanta Bar Association, the Georgia Campaign for Adolescent Pregnancy Prevention, the National Council of Jewish Women, Atlanta Woman Magazine, and others.

She and her husband, N. Sandy Epstein, who is also an attorney, are the proud parents of two grown sons. Elizabeth is an active hiker, biker and swimmer and a former triathlete, and she loves cooking and reading. ■



Elizabeth J. Appley, Attorney at Law

Upcoming GAMFT Events



*Aaron Leslie Clawson,
MFT Student Intern*

Coffee with your Student Rep: A Practical Look Into A Model

- Date: Friday, February 19
- Time: 12:00pm to 1:00pm, EST
- Location: Zoom

Join GAMFT Student Representative Shirley Shani Ben-Zvi and this month's presenter, Aaron Leslie Clawson, MFT Student Intern, who will be discussing Sex-Positive Therapy: suggestions, models and resources. This is a free virtual event.

[Click here to register!](#)



David Blanchard, LAMFT

Virtual Legislative Advocacy Day

- Date: Friday, February 26
- Time: 12:00pm to 1:30pm, EST
- CEUs available: 1.5 core hours (free for GAMFT members)
- Location: Zoom

The Legislative Committee is excited to host this town hall offering the latest updates from Georgia's Capitol about issues important to our field! This town hall will feature a presentation of our 2021 Legislative Agenda as well as a "virtual rope" discussion with our state legislators. Please join us in advocating for important improvements to our field!

[Click here to register!](#)

Upcoming Events, continued



Shirley Shani Ben-Zvi,
LAMFT

Coffee with your Student Rep: Q & A

- Date: Friday, March 19
- Time: 12:00pm to 1:00pm, EST
- Location: Zoom

GAMFT Student Representative Shirley Shani Ben-Zvi invites you to bring your favorite warm beverage to her monthly virtual coffee chat where you can ask your questions about the MFT journey, suggest your ideas, and connect with your peers.

[Click here to register!](#)



Virtual Supervisor Connection

- Date: Friday, April 16
- Time: 11:30am to 1:00pm, EST
- Location: Zoom

Join us to hear a panel of AAMFT-approved, Georgia-based supervisors answer questions about the supervision process.

[Click here to register!](#)



2021 Virtual Spring Symposium *Save the Date!*

- Date: Saturday, May 22
- Time: To be announced
- Location: Zoom

Join us for speakers, student posters, and more.

More details coming soon.

A New Look for GAMFT

Abby Culin, LAMFT, PR Committee Chair

The year 2020 brought us face to face with unexpected changes. But in addition to the challenges, this year was unlike any other in its ability to help us reflect on the past and consider the future.

As this was happening for so many of us on personal, family, and societal levels, GAMFT was also reflecting at an organizational level. When considering our future goals, it felt important to mark this moment with a new look and feel for the organization. We struck out on a journey to create a new logo and branding that gives a nod to our past while simultaneously feeling fresh and modern.

Welcome to the new look of GAMFT.





Abby Culin, LAMFT

GAMFT is proud to have a rich history of serving marriage and family therapists throughout our great state. As we reflect on this history, we acknowledge that many of our current members made this

organization what it is today. We're also mindful of supporting the new professionals just entering the field. With all of this on our minds, we created the new look and feel.

As we looked back on previous iterations of our logo, we knew that keeping the shape of the state of Georgia would be an important part of conveying our identity.

We highlighted it with a simple, offset outline design that can appear on a white or colored background. As is common practice with branding, GAMFT now also has a wordmark, which is a text-only version of the logo that can be used when the layout does not allow for use of the full logo.

The fonts and types were chosen to bring a modern look to the logo — simple, bold, and modern without feeling too "trendy."

The color scheme was chosen for its traditional and trustworthy feel, utilizing colors that occur in nature throughout the state of Georgia, from peaches to beaches and beyond.

This updated newsletter is just the beginning. We have big plans to continue supporting you so that you can continue to support your clients and communities. ■



Selected CE Opportunities

See a full list of all continuing education events at gamft.org/upcoming-ce-events/

2/19

Grief and Loss Amidst COVID-19: Empowering Clients to Overcome Unprecedented Challenges

Hosted by the Knowledge Tree
5 Core Hours; Live webinar
[Register here](#) or call 404-913-2005

2/25

2-Day Trauma Conference: The Body Keeps the Score with Bessel van der Kolk

Hosted by PESI Inc.
12.5 Core Hours; Live webinar
[Register here](#) or call 715-855-8107

2/29

Deep Mythologies of Love and Why We Resist Them with Rebecca Armstrong, PhD

Hosted by the Atlanta Jung Society
2 Core Hours; Live webinar
[Register here](#) or call 404-233-4401

3/10

Suicide Assessment and Intervention: Assess and Intervene with Confidence, Composure and Sensitivity

Hosted by PESI Inc.
6.25 Core Hours; Live webinar
[Register here](#) or call 715-855-8107

3/12

Polyvagal Theory & Trauma: Navigating the Nervous System with Deb Dana, LCSW

Hosted by the Knowledge Tree
5 Core Hours; Live webinar
[Register here](#) or call 404-913-2005

3/13

Telemental Health: Breaking Geographical Boundaries

Hosted by Dr. Sonja Sutherland
3 Telemental health and 3 Core Hours; Live webinar
[Register here](#) or call 404-835-6119

4/13

Nutritional Considerations for Supporting Clients with Anxiety

Hosted by East Chapter of GAMFT
1 Core Hour; Live webinar
Register by emailing Karen Shaw Burch at kshawburch@aol.com

5/7

Healing the Healers: Burnout, Resiliency and Post-Traumatic Growth

Hosted by the Knowledge Tree
5 Core Hours; Live webinar
[Register here](#) or call 404-913-2005

Classifieds

Opportunities posted with GAMFT for employment, supervision, and more.

Employment Opportunity

Successful counseling practice in Alpharetta looking to add a skilled couples counselor. Experience working with couples in graduate school and/or clinical settings required. Marriage and Family Therapy license an advantage. Must have scheduling flexibility to be willing to see some clients on Fridays and Saturdays. Please send cover letter and resume to andrew@mconaghiecounseling.com.

Supervision Opportunity

New post graduate supervision group forming this spring. Meets the 2nd Friday of the month 9-11am in Roswell. Cost is \$60. Consultation prior to group start is required. Led by Jennifer Vann, LMFT, AAMFT Approved Supervisor.
<https://www.cornerstonefamilyservices.com/copy-of-jennifer-vann-lmft>.

Employment Opportunity

Thriving private practice in Woodstock, Georgia seeking licensed clinician to perform intake, therapy, and possible assessment/testing responsibilities. Clinician must be willing to join major insurance panels if not already a participating provider. Warm, friendly work environment with administrative and collegial support. Significant independence and ability to plan own work hours. Please contact office manager, Teresa Ingram, if interested at 770-592-0150.

Employment Opportunity

Accelerated Recovery Centers is seeking experienced LMFTs for Full-Time and Contract openings in our Family Systems Program. For more information, please contact Scott Ferguson at 678-429-3958 or at sferguson@iwanttostopnow.com. Days, Nights and Weekends.

Office Space

BEAUTIFUL OFFICE SPACE NEAR CLAIRMONT AND I-85. Amenities include office supplies, equipment, free parking and handicap access. Reasonably priced. Contact Jeanne Montgomery MA, LMFT 404-633-3347.

Submit to an upcoming issue

In addition to sharing relevant information with our members, the goal of the GAMFT newsletter is to strengthen our MFT community by supporting and promoting connection and inclusiveness through sharing our collective wisdom, resiliency and enthusiasm. Therefore, the more of us who contribute our knowledge, experience, and ideas, the richer our GAMFT family becomes.

Therefore, the more of us who contribute our knowledge, experience, and ideas, the richer our GAMFT family becomes. We encourage members to make submissions including clinically related articles



Stephanie Jordan, LMFT

that offer educational and/or inspirational insights to your colleagues, reviews such as books or movies that may be valuable to MFT's, or any relevant information on issues involving the GAMFT community.

Please note that this does not include advertisements for workshops, employment or office space so please refer to the protocol for these submissions in the advertisement section. All submissions will be printed in full as received whenever possible but are subject to editing for length, clarity, readability, grammar, spelling, biased language, and appropriateness. Opinions expressed in the GAMFT newsletter do not necessarily reflect the opinions of GAMFT. Submission of an article does not guarantee its publication.

Submission Guidelines:

- Articles can include a maximum word count of 920 for full page; recommend maximum 750-word count with photo. Approximate word counts also include: 690 for 3/4 page; 460 for 1/2 page; 230 for 1/4 page.
- We encourage including a professional photo of the author. Please also provide your name and credentials as they should appear in the article. Please submit a 1-2 line biography of the author as well to be added at the end of the article. The Newsletter is published quarterly, in February, May, August, and November.
- Submissions need to be received by noon on the 20th of the month prior to the newsletter going out that you would like your submission included in. Therefore, if you want to publish in the May newsletter, you will need to have your submission in by April 20th.
- Articles can be submitted in Word or PDF format to StephanieJordanLMFT@gmail.com and any questions can be directed to our Social Media/Communications Chair and Newsletter Editor, Stephanie Jordan, at the above email address.

We look forward to hearing from you and including your voice in this process. Thank you!

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